

The Chicken Sandwich Debate

ALEX CLARK

LIFE EDITOR

Popeye's debuted a chicken sandwich on Aug. 12, and before August even ended they had sold out.

Chick-fil-A posted a tweet about how they had the original chicken sandwich, to which Popeye's replied, "...y'all good?" Wendy's joined in with a tweet implying that their chicken sandwich is superior to both, to which Popeye's said, "Sounds like someone just ate one of our biscuits. Cause y'all looking thirsty." People took sides on which chicken sandwich they preferred, and some have referred to this as the Chicken Sandwich Wars.

The Popeyes chicken sandwich made a great return on Nov. 3. The chain chose to bring the sandwich back on a Sunday, a day their rival Chick-fil-A is proudly closed on.

There is so much hype of the Popeye's sandwich that even major news sources such as CNN and Time are covering it.

A comparison between the two sandwiches seems to be in order. According to Chick-fil-A's website, their chicken sandwich is, "a boneless breast of chicken seasoned to perfection, hand-breaded, pressure cooked in 100% refined peanut oil and served on a toasted, buttered bun with dill pickle chips." The sandwich costs \$3.55 before tax.

Regarding the Popeye's chicken sandwich, Forbes said, "For \$3.99, you get a generous portion of fried chicken breast, a dollop of mayo, two pickles and a soft bun."

At both chains, their chicken sandwiches can be ordered as "classic" or "spicy." They clearly are very similarly composed as well.

As many know, Chick-fil-A is a rather controversial restaurant. In 2012, CEO Dan Cathy said, "I think we are inviting God's judgement on our nation when we shake our fist at him and say, 'We know better than you do as to what constitutes marriage.'" This statement was in regard to same-sex marriage. Chick-fil-A also continues to help fund groups with anti-LGBTQ+ views such as Fellowship of Christian Athletes, the Salvation Army and the Paul Anderson Youth Home.

Popeye's current scandal is that a man was stabbed by another restaurant patron over the chicken sandwich in Maryland.



GRAPHIC COURTESY OF TWITTER (@CHICKFILA)

The above is an image tweeted by Chick-fil-A in response to the original release of the Popeye's chicken sandwich.

SHOES OFFER AN UNFAIR ADVANTAGE

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The men's winner of the Tata Consultancy Services New York City Marathon is getting heat over the shoes he ran in.

The TCS NYC Marathon took place Nov. 3. This marathon is an annual event and largest marathon in the world.

Geoffrey Kamworor ran the 26.2 miles wearing Nike Zoom Vaporfly 4% sneakers, and people are wondering if these shoes gave him an unfair advantage.

The issue is that some believe technology is not athleticism. It is interesting to see the different angles of this issue.

The Nike Zoom Vaporfly 4% sneaker uses Nike ZoomX foam, which Nike said, "uses cutting-edge engineering to give you the greatest possible energy return, turning the impact of your step into energy for your next stride." The shoes also contain a curved carbon fiber plate, "that increases stiffness to provide a sensation of propulsion."

On the podcast "Reset," "Wired" magazine editor-in-chief Nick Thompson said, "If they're improving performance because they're lighter and because there's really good foam, that strikes me as quite fair. If they're improving performance because of the carbon fiber plate, which is increasing your rebound when you run on the road, that's more complicated."

The Nike sneakers are not the only sneakers using a carbon fiber plate, though. HOKA ONE ONE Evo Carbon Rocket, HOKA ONE ONE Carbon X, Skechers Speed Elite and New Balance FuelCell 5280 are all sneakers that also use the carbon fiber plate.

The Nike Zoom Vaporfly 4% may have created all the carbon fiber plate hype in 2017, but a list from Running Warehouse rates the New Balance 5280 as perhaps the fastest carbon fiber plates running shoe.

"We have used foam and ... the carbon fiber plate ... for almost 20 years." A Nike spokesperson said. "...a shoe is only one factor in a race."

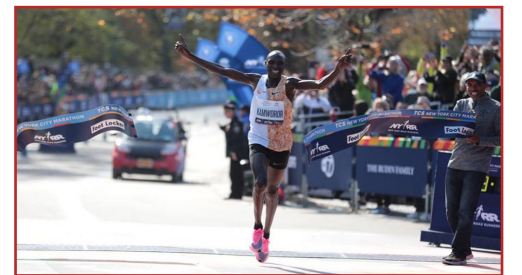


PHOTO COURTESY OF ATHLETICS WEEKLY

Geoffrey Kamworor as he crossed the finish line at the TCS NYC Marathon Nov. 3. On his feet are bright pink Nike shoes.



GRAPHIC COURTESY OF TWITTER (@POPEYESCHICKEN)

This is a screengrab from the promotional video Popeye's tweeted the day the sandwich was re-released. The rest of the video said, "And Monday. And Tuesday. And Wednesday. And Thursday. And Friday. And Saturday."

HOROSCOPES

ALEX CLARK

MYSTIC CORRESPONDENT

ARIES (March 22 - April 19) Look at things from a realistic standpoint right now. Listen to the constructive criticism others offer you and try to improve on things in your life.

LEO (July 23 - Aug. 22) Uphold your own beliefs within yourself. You have control over your own life and should not change yourself due to the influence of others.

SAGITTARIUS (Nov. 22 - Dec. 21) Life keeps moving even if you don't want it to. No matter how tired you are, keep pushing forward and don't give up and fall behind.

TAURUS (April 20 - May 20) Focus on the things you want and finish the projects you start. Put all the necessary effort into your work and you will succeed.

VIRGO (Aug. 23 - Sept. 22) Build healthy communication with those around you. Allowing your softer side to show will draw more positive influences into your life.

CAPRICORN (Dec. 22 - Jan. 19) Take the support available to you and relax. The people you love will be there when you need them.

GEMINI (May 21 - June 20) Resisting transition is the only thing that makes change hard. If you allow yourself to be flexible and willing to adjust to things they will become easier.

LIBRA (Sept. 23 - Oct. 22) Allow yourself to put the bad times behind you. Holding on to negative experiences is holding you back from the positive experiences ahead.

AQUARIUS (Jan. 20 - Feb. 18) Be protective of the things that you have earned. Do not allow others to tear down your successes, no matter how small they may be.

CANCER (June 21 - July 22) You have made good choices and should be happy with them. Continue moving forward and working toward your future.

SCORPIO (Oct. 23 - Nov. 21) Build on the things you have already achieved. You can always learn new things and move forward.

PISCES (Feb. 19 - March 21) Learn to bring a balance into your life. Look at all aspects and try to take the middle road of everything.

THIS WEEK'S POP PICK



"Good as Hell (feat. Ariana Grande) - Remix"

Lizzo originally released her song "Good as Hell" on March 8, 2016. The song is one of the artist's many upbeat hits that feel good to listen to.

Oct. 25, Lizzo and Ariana Grande released a remix of the song. The remix features Grande singing a new section after the second verse, before going into the pre-chorus and harmonizing with Lizzo. Adding another artist seen as an empowering female figure to the song makes it even more of a great song to listen to when you're feeling down.

COVER ART COURTESY OF SPOTIFY