

St. Bernards hosts inaugural Pink Warrior Walk

Proceeds to stay in the region to support breast health initiatives



Graphic by: Drew Morgan | Graphic Editor
October is nationally recognized as Breast Cancer Awareness Month.

TRISTAN BENNETT

NEWS EDITOR

The annual Susan G. Komen Race for the Cure may have been canceled, but Northeast Arkansas still has an opportunity to support local breast cancer programs.

Due to COVID-19 concerns, the Northeast Arkansas Race for the Cure, which normally takes place on campus, was permanently canceled. However, people have the opportunity to show their support.

Kila Owens, St. Bernards Foundation president, said, "The St. Bernards Women's Council wanted to plan an event that would allow the community to continue supporting local breast cancer programs as well as giving family members, friends, survivors and others a way to celebrate and honor those who have fought the disease." The Women's Council settled

on hosting the inaugural Pink Warrior Walk. They are asking people to run or walk 3.1 miles any time during the month of October and document it by sharing a photo to social media using #StBPinkWarriorWalk.

So far, over 350 people have registered, but registration remains open for anyone interested. There is a fee of \$25 which includes a T-shirt, goody bag and bib. Participants can race as a team or set up individual fundraisers to support the race.

St. Bernards plans to continue and grow the race. "With COVID-19, we knew this year's race needed to be virtual, but we anticipate this race being bigger and better in 2021," Owens said.

In 2021, the walk is slated to include Runway to the Cure, which will be a fashion show featuring local breast cancer survivors, and the Pink Downtown Restaurant and Pub Crawl in collaboration with the

Downtown Jonesboro Alliance.

Unlike with the Race for the Cure, all funds raised will stay in Northeast Arkansas. Last year alone, St. Bernards offered more than 2,000 mammograms to men and women across the region. Donations and participation in the Pink Warrior Walk will help to continue funding for these and similar programs.

Owens said, "Proceeds from all of these events will support breast cancer programs across the region, including the St. Bernards mobile mammography program and biopsies and ultrasounds for uninsured and underinsured patients across a 23-county service area."

The St. Bernards Foundation has already designated that 35% of proceeds will be awarded as grants to other healthcare organizations across the region who offer breast health services.

Awareness holds power to save lives

TRISTAN BENNETT

NEWS EDITOR

Knowing the risk factors and early signs of breast cancer can go a long way in fighting the disease. October is National Breast Cancer Awareness Month.

Over the course of her lifetime, one in eight women in the U.S. will develop breast cancer.

According to the National Breast Cancer Foundation, in 2020 there could be over 276,000 new cases diagnosed in women across the country. An estimated 42,000 women could die from the disease this year alone.

Approximately 30% of all new cancer diagnoses in American women this year will be breast cancer.

While it is rare, men can still get breast cancer as well. Less than one per-

cent of all cases occur in men.

The key is early detection. According to the American Cancer Society, when detected early and in the localized stage, the five year relative survival rate is 99%.

Women, as well as men, should be on the lookout for early symptoms as signs of breast cancer which could include a change in how the breast or nipple looks or feels, discharge from the nipple or noticeable lumps in the breast.

All adult women should perform a self-exam each month to search for any irregularities. However, it should be noted that not all lumps are cancerous.

The National Breast Cancer Foundation recommends consulting with a doctor about any changes in breast tissue.

In conjunction with monthly self-exams, women over 40 and those younger who have higher

risk factors should also schedule a yearly mammogram. Mammograms are X-rays that allow doctors to examine the breast tissue.

Living a healthy lifestyle can help to lower a woman's risk of getting the disease. Although they cannot prevent cancer, things like staying physically active, limiting alcohol consumption and eating fruits and vegetables could help to reduce the risk.

Sometimes, however, risk cannot be changed.

Things like a family history of the disease, early menstruation, late menopause and never giving birth can all increase risk. In addition, mutations in certain genes such as BRCA1 and BRCA2 are known to cause breast cancer.

who were also in the car. The officer could smell marijuana coming from the vehicle, so he asked all three for identification.

He then explained that he would be conducting a probable cause search of the vehicle because of the smell. All three were removed and searched.

The officer found marijuana in the passenger side front door, and King took the blame for it.

Then, a handgun was found under the carpet of the driver's side floorboard. Burns admitted it was his.

Burns was placed under arrest for possession of a handgun on school property. Officers took him to the Craighead County Detention Center.

King was issued a verbal warning for the marijuana.

Oct. 11 | 7:01 p.m.

Officers were dispatched to an accident on Marion Berry Parkway. Iesha Robinson told

officers she was attempting to turn right onto Marion Berry when she hit Hunter Ennis. Robinson said she thought Ennis was turning because her right turn signal was on. Ennis told officers she made a mistake in activating her turn signal.

Robinson's vehicle sustained damage to the front bumper, and Ennis had damage on the passenger side of her vehicle.

Oct. 12 | 10:55 a.m.

University Police were dispatched to the Chi Omega sorority house in regards to a fire alarm. Upon arrival, the officer checked the fire alarm panel, which indicated which smoke alarm was triggered. Laura Snider, the occupant of that room, stated that she was doing her hair when the smoke detector went off. The fire department arrived and gave the all clear to reset the alarm.

SGA gets new senator, plans participation in haunted house

KRISHNAN COLLINS

EDITOR-IN-CHIEF

The Arkansas State Student Government Association swore in a new sophomore senator Tuesday and Student Activities Board President Keyon Atkins talked about an opportunity to help with an on campus haunted house.

SGA had an open sophomore senate seat and three candidates joined the virtual SGA meeting in hope of getting elected to the senate.

Kaleb Webb, Sara Ledesma and Quadashia Coleman all pitched why they should be elected as a senator. Coleman did not have enough hours to qualify for the sophomore senate seat so the vote came down to Webb and Ledesma.

Webb said he is involved

in many organizations around campus including the Student Philanthropy Council, Volunteer A-State and he is an honors college ambassador.

"I'm an aspiring political organizer," Webb said. "I believe in fighting righteous fights and voting early. I'm a very big policy and procedure nerd."

Ledesma had previous SGA experience.

"I'm a very determined individual," Ledesma said. "While my time as an SGA senator, even though it was short, I learned so much from it."

After debate and support from various senators, Ledesma won the vote 27-9 to fill the vacant senate seat and was sworn in moments later.

Atkins opened the meeting by announcing that Oct. 29 SAB would be having its on campus haunted house. Last

year, the haunted house was in Arkansas Hall, but this year it is going to be in the Fowler Center.

"It's going to be in a bigger space with more opportunity to upgrade everything we did last year," Atkins said.

Atkins asked SGA for volunteers to help with various things around the haunted house including makeup, acting, front desk workers and decorators. Currently there is not a set time for decorators to show up and help, but Atkins said those times will have to be confirmed with the Fowler Center.

Also, people who work the haunted house will work in shifts and will not have to work the whole time.

The haunted house will run from 8 p.m. to midnight and the theme of the house is Phantom of the Opera.

CAMPUS CRIME

TRISTAN BENNETT

NEWS EDITOR

Oct. 8 | 2:00 p.m.
University Police were dispatched to an individual who had wrecked a scooter. The victim had a large gash above his right eyebrow and scratches on his knees and hands. An ambulance arrived on the scene and rendered first aid. The victim was later transported to St. Bernards for further care.

Officers asked Facilities Management to clean up the area of blood left behind at the scene of the crash.

Oct. 9 | 10:09 p.m.

A University Police officer observed Brandon Burns make an improper lane change near the intersection of Aggie Road and Red Wolf Boulevard. The officer initiated a traffic stop and introduced himself to Burns and Avery King and Kentreal Brown,

Lecture-concert series to present Boston brass ensemble

A-STATE NEWS

NEWS RELEASE

The Lecture-Concert Series at Arkansas State University will present the Boston Brass in a virtual concert Oct. 18 at 7 p.m. via YouTube Live Stream.

This world-class brass ensemble includes Jose Sibaja and Jeff Conner, trumpet, Chris Castellanos, horn, Domingo Pagliuca, trombone, and William Russell, tuba.

The real-time/live-streamed performance and educational initiative was created by Boston Brass in recognition that

presenting organizations and music programs across the country are also experiencing the pandemic-related difficulties of keeping their doors open, maintaining the interest of their patrons, and helping school music programs in their communities to keep students engaged.

With more than 35 years of international touring behind them, Boston Brass offers a terrific, artistically entertaining "something-for-everyone" program featuring familiar classical works to popular jazz standards, all delivered with the ensemble's signature audience inter-

action and charming rapport.

With generous funding from the A-State Lecture-Concert Series, the College of Liberal Arts and Communication, the Department of Music, and A-State Bands, this concert is free of charge and open to the public.

Interested individuals may visit the Lecture-Concert Series website, AState.edu/Lecture-Concert, for information on this and other upcoming presentations. For more details, one may contact Dr. Ed Owen, chair, Lecture-Concert Committee via email at cowen@AState.edu.