



PHOTO: 4B
Take a look at "Events for Students"

St. Bernards Women's Council to host Pink Warrior Walk on Oct. 23

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Breast Cancer Awareness Month began Oct. 1 and continues through Oct. 31. The Pink Warrior Run/Walk, hosted by the St. Bernards Women's Council, is scheduled for Oct. 23.

The Susan G. Komen Race for the Cure, the former Jonesboro fundraiser for breast cancer, was canceled last year and was discontinued in Arkansas since. St. Bernards Foundation created the Pink Warrior Walk fundraiser last year, making this year's event the second annual.

Kila Owens, the president of the St. Bernards Foundation, said the St. Bernards Breast Health Services received a large amount of funding from the Race For the Cure event. The St. Bernards Women's Council

created the event as a new way to keep some of that funding.

In 2020, the first Pink Warrior Walk event was held virtually. Participants completed a 3.1-mile run or walk from wherever they chose from Oct. 1-Oct. 31. The St. Bernards Foundation thought the 2021 race would be able to take place in-person, but due to the Delta Variant of COVID-19, they decided to host a modified version of the race. The event is being offered as a suggested racecourse from Main Street in downtown Jonesboro to St. Bernards Health and Wellness on Matthews Avenue. From 9-11 a.m., Participants can start and finish wherever they like and visit sponsor booths along the way. There will also be local entertainment.

"We're just offering the experience without people gathering the way they typically



PHOTO COURTESY OF KARA FOWLER
Kara Fowler participated in the 2020 virtual Pink Warrior Walk, hosted by the St. Bernard's Women Council.

do at an event," Owens said. Owens said participants don't even have to complete the

packet whether they walk, run or just drive around to stop at the sponsor booths located throughout the racecourse. There is a completely virtual option for the race as well.

To register for the event, go to gopinkwarrior.com/register. Registration is \$25, and registrants will receive a t-shirt and a goody bag. The first 300 registrants will receive a medal. Owens said the goal number of registrants for this year's event is 500. She said there were about 200 registrants as of Oct. 4. Survivors who register will receive those items as well as an additional hat and other goodies. Registration packets can be picked up at a drive-thru on Friday, Oct. 22 from 7 a.m.-6 p.m. or Saturday, Oct. 23 from 8-10 a.m. at St. Bernards Health and Wellness.

Kara Fowler, a personal trainer at St. Bernards Health

and Wellness, is in charge of the Survivor Committee for the event. She said they had planned to host a breakfast for the survivors before the event was modified with COVID-19 safety precautions. Now, they plan to do something special for the survivors that allows more social distancing.

Fowler is a member of the St. Bernards Women's Council. All of the Women's Council members who help plan and host the Pink Warrior Walk are volunteers. Fowler said she volunteers because her mother is a breast cancer survivor and she wants to support her mother and other women and men who are in need of care.

CONTINUED:
RACE, 4A

Got mail? You may not now USPS slows down some mail delivery starting this month

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"Snail Mail," as it is often called today, (referring to the sending and receiving of physical mail) may have just gotten even slower. With new implements from the U.S. Postal Service (USPS), sending and receiving mail could take up to two days longer.

Earlier this year, the U.S. Postal Service's postmaster general Louis DeJoy released a new 10-year plan that took effect on Oct. 1. As described in the 10-year plan, the postal service's goal is to, "provide prompt, reliable, and efficient mail and package shipping services to all Americans—regardless of where they live—and at affordable rates." However, as this new plan takes place and delivery standards change, with rates and delivery time increasing, is

the USPS keeping its promise?

According to an article from CNN: "USPS to slow down some mail delivery starting Friday," USPS spokeswoman Kim Frum stated, "the service changes won't affect about 60% of first-class mail and nearly all periodicals. Within a local area, standard delivery time for single-piece, first-class mail will remain at two days. However, mail traveling longer distances will take longer to arrive in some cases, due to the USPS increasing transit time."

What does this mean for A-State students? Especially those that may be from out of state. A recent poll from A-State students via The Herald's Instagram showed that 35% of the 57 completers send mail more than five times a month. According to a chart provided by the USPS, mail traveling 139 miles can take up to two days. Travelling further than that, even all the way up

to 1,908+ miles, could take five days or more. Being far from home makes certain students' college experience even more difficult. Now, they must worry about their mail as well.

Quentin Takacs, a freshman from Bristow, Oklahoma, around seven hours away, often sends mail back and forth from his hometown. These new regulations may make it harder on him in the future.

"It's very unfortunate. My bank is in Oklahoma. If I lose my debit card perhaps, it could take even longer for them to send me a new one. In emergency cases it's not very good," Takacs said.

According to the USPS's 10-year plan, total mail volume has fallen 42% since 2007 as of 2020. During 2020 alone, mail volume declined by a steep 11%. Similarly, package volume grew from 2007 to 2018. However, it flattened out in 2019. Due to these trends, USPS predicts volumes to decline in the

coming future. So, what is the need for this change? CNN again quoted Frum saying, "These changes would position us to leverage more cost-effective means to transport First-Class packages via ground rather than using costly air transportation, which is also less reliable due to weather, flight traffic, availability constraints, competition for space and the added hand-offs involved."

Ground transportation is another new change for this 10-year plan. USPS plans to modernize its vehicle fleet. "As part of the most dramatic modernization of our vehicle fleet in three decades, we will invest in 50,000 to 165,000 Next Generation Delivery Vehicles over the next 10 years.

CONTINUED:
USPS, 4A

Brother 2 Brother hosts 100 Black Men in Suits event



Photo by James Lowrey | Special to The Herald

On Thursday, Brother 2 Brother held "100 Black Men in Suits," an ongoing tradition at A-State to set standards with how the organization members present themselves on campus.

This was the first "100 Black Men in Suits" event since 2019. Brother 2 Brother wants to create a space catered to minority males to come together and grow and develop.

The key emphasis is to help brothers build intellectual growth, social enrichment, and make them aware of the cultural issues on campus and around the country.

The Herald Celebrates 100 Years: A peek into the 1960s



A-STATE HERALD

STAFF REPORT

The Arkansas State College Herald covered changes coming to A-State in the 1960s.

In 1964, The State College Herald ran a story on the laments of A-State employees dealing with the struggles of the newly-opened Carl R. Reng Center, named after the Arkansas State College system president at the time. During this time, the Student Union used more electricity than the rest of campus combined and had bowling lanes as well as a billiard room.

The college's mascot was an Indian, with references to the football team as "Tribemen" and "raging Redmen." Movies starring famous actors Elvis and Frank Sinatra were shown at the Skyvue movie theater in Jonesboro, and the theater ran ads for them in the student newspaper.

The Arkansas State College Herald switched its name to The Herald of Arkansas State University on Jan. 18, 1967, the day after the college

became known as Arkansas State University. ASU System President Reng fought since the 1950s to establish A-State as a public university, which was finally granted in 1967.

The Herald reported A-State's first Miss ASU pageant in March of 1967. Sigma Phi Epsilon sponsored Carol Rand, a sophomore elementary education major from Paragould, who won the pageant. The next step for her was the Miss Arkansas Pageant in Hot Springs. She said, "After tonight, I had looked forward to eating again, but now I can't really eat until after the pageant this summer!"

In December 1967, women on campus feared for their lives due to the "Hatchet Man" scare – a false prediction that a man would come into an all-female residence hall in a Midsouth town starting with the letter "J" and kill eight girls. Residents came up with passwords to enter their rooms and some sororities would not allow more than eight girls to gather at the same time.